



# What applies in case of isolation & quarantine?

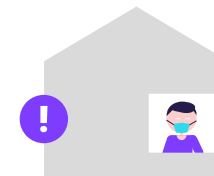
## Isolation

for those who have tested positive after a PCR or self-test



## Quarantine

for persons who have had contact with an infected person



For how long?	7 full days after the date of appearance of symptoms or positive test result (PCR or certified antigen test)	
What to do?	stay at home and isolate yourself from the other persons (if not possible › wear a mask)	<p>The Health Directorate <b>recommends</b>, for 7 days after the potentially infecting contact:</p> <ul style="list-style-type: none"> <li>• to avoid contact with vulnerable people;</li> <li>• to limit your contacts (avoid parties and gatherings);</li> <li>• to wear a mask during this period, if possible an FFP2 mask;</li> <li>• to test yourself regularly. We recommend that you carry out a rapid antigen self-test for 5 days after the last high-risk contact.</li> </ul>
Who is concerned?	vaccinated and unvaccinated persons	
Exception	Isolation can be terminated before the end of the 7 days if the infected person performs 2 antigen self-tests at an interval of at least 24 hours, the results of which are both negative. This applies to both vaccinated and unvaccinated persons.	